

# GILDAN<sup>®</sup>



STYLE & COLOUR GUIDE | AUSTRALIA & NEW ZEALAND 2025





# BUY SMART. LOOK SMART.

Our vertically integrated manufacturing model allows us to oversee nearly every aspect of production, from procuring the cotton we spin to loading your order onto the delivery truck. This ensures the greatest possible consistency, so you can count on a small Gildan® 5000 to fit consistently.

Our mission to make you look smart doesn't stop there. We're constantly innovating to enhance our products, with our new Soft Cotton technology that makes for softer and durable styles.

And if choice is what you need, we've got you covered. From 100% U.S. cotton to 100% polyester, performance wear to polos, and semi-fitted to classic fits, we have the ideal option for any decorating technique.

From garments that look stylish on you or on paper, Gildan has you covered.

**Gildan®. Just Smart.**

Gildan®, Made With Respect™ and EZ Print Finish™ are trademarks owned by Gildan Activewear SRL.

Cotton USA™ is a trademark owned by Cotton Council International.

OEKO-TEX® is a trademark owned by ÖTI - Institut Für Ökologie, Technik und Innovation GmbH.

© 2025 - 2026 Gildan Activewear SRL

Awards, recognition,  
certifications  
and high fives.



**Celebrating 20 years of Sustainable Manufacturing**

Since the early 2000s, we have been early adopters of responsible apparel manufacturing, committed to respecting and protecting human rights, managing resources efficiently, and fostering positive development in our communities.

Gildan® is a brand owned by Gildan Activewear Inc. All statements and claims refer to Gildan Activewear Inc. and its operations as a whole.



**FOR MORE DETAILS ON  
OUR ESG PRACTICES  
AND INITIATIVES**

**RESPECT FOR THE ENVIRONMENT**



We understand the importance of protecting our future, that is why we are reducing our reliance on fossil fuels, and reducing water intensity and optimizing our operations:

- Goal to reduce both our direct and indirect greenhouse gas emissions.\*
- Goal to reduce our water intensity by 20% by 2030 (compared to a 2018 base year).

**RESPECT FOR CIRCULARITY**



We are committed to minimizing our impact on the planet, which is why we strive for more circularity, responsible consumption and production patterns.

- Goals to source more sustainable textile fibers and yarns, such as sustainable/certified cotton and recycled polyester.
- Increasing use of recycled and sustainable packaging.
- Reducing manufacturing waste to landfills.

**RESPECT FOR PEOPLE**



As we continue to work closely with our employees, we take pride in fostering a safe and empowering workplace.

- Achieve gender parity for the collective group of employees representing director-level and above positions by 2027.°
- Implementing high health and safety standards.

**RESPECT FOR COMMUNITIES**



Supporting the regions we work in is part of how we care for our communities and ecosystems.

- Increasing the amount we donate to our communities.
- Continue to encourage employee volunteerism.
- Maintaining a high percentage of local managers hired.

**RESPECT FOR TRANSPARENCY**



What sets us apart is the vertical integration of our manufacturing operations, giving us strong oversight of our supply chain, which helps us to achieve greater visibility, integrity and ownership.

- Transparently showing you the people behind our apparel.
- Continuously reporting on sustainability progress and targets.

\* Our absolute Scope 1 and Scope 2 GHG emissions by 30% by 2030 (compared to a 2018 base year) and our Scope 3 GHG emissions by 13.5% by 2030 (compared to a 2019 base year).

° Based on the International Labour Organization's definition of parity (40 to 60% of either gender).

**OUR NUMBERS SPEAK  
FOR THEMSELVES.**

**46.6%**

of apparel packaging and trims contains recycled materials and/or have relevant sustainability certifications\*

\*in 2023

**\$12.4M**

donated to local communities\*

\*from 2018 to 2023

**97%**

of employees are represented by health & safety committees\*

\*in 2023

**RECOGNITIONS**

But don't take our word for it, here is how recognizable organizations ranked us:

**Dow Jones  
Sustainability Index**

**TIME Magazine -  
World Most Sustainable Companies**

**Corporate Knights' –  
The Best 50 Corporate Citizens in Canada**

**S&P Global –  
Sustainability Yearbook Award**



# GILDAN® COLOUR SWATCHES



Off White ■  
9461C / 4DG



Tan ★  
2316C / 091



Light Pink ▲  
684C / 020



Coral Silk ▲  
1777C / 256



Paragon ★  
7653C / 41G



Natural ■  
2309C / 031



Mustard ▲  
7407C / 6GG



Azalea ▲  
2045C / 071



Heather Red ■  
193C / 234



Heather Dark Maroon ▲  
7421C / 759



Sand ★  
7528C / 038



Orange ▲  
2026C / 037



Heliconia ▲  
213C / 010



Heather Scarlet Red ■  
703C / 778



Heather Dark Navy ▲  
5275C / 757



Yellow Haze ▲  
7401C / 003



S. Orange ▲  
0 021C / 193



Pink Lemonade ▲  
212C / D9G



Red ■  
199C / 040



Heather Sport Royal ■  
7684C / 754



Daisy ▲  
122C / 098



T. Orange ★  
7592C / 025



Maroon ▲  
7644C / 083



Cherry Red ■  
187C / 194



Violet ■  
7452C / 087



Gold ▲  
1235C / 024



Antique Orange ■  
7599C / 252



Garnet ▲  
188C / 219



Cardinal Red ▲  
1955C / 011



Purple ■  
2112C / 081

**\*Discharge Printing Recommendation:**

★ Ideal      ▲ Recommended      ■ Not Recommended



Light Blue ★  
543C / 069



Stone Blue ▲  
2164C / 009



Sapphire ■  
641C / 026



Corn silk ▲  
393C / 475



Military Green ▲  
5615C / 106



Iris ■  
660C / 056



Heather Indigo ★  
2139C / 173



Antique Sapphire ■  
7706C / 254



Safety Green ■  
382C / 188



Prairie Dust/Coyote Brown ★  
7497C / 067



Royal ■  
7686C / 051



Indigo Blue ■  
5405C / 080



Jade Dome ■  
7717C / 029



Lime ▲  
7488C / 012



Brown Savana ▲  
7531C / 266



Heather Royal ■  
2727C / 218



Blue Dusk ★  
7546C / 076



Antique Jade Dome ■  
7715C / 249



Irish Green ■  
2252C / 167



Olive ★  
448C / 039



Metro Blue ■  
2111C / 078



Heather Navy ★  
432C / 170



Kelly Green ■  
335C / 017



Sage ▲  
2406C / 5GG



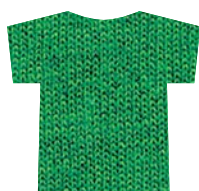
Cocoa ▲  
7595C / 1DG



Deep Royal ■  
288C / 765



Navy ★  
533C / 032



Antique Irish Green ■  
348C / 248



Forest Green ★  
5535C / 033



Dark Chocolate ★  
412C / 105



Heather Dark Green ■  
5545C / 755



Gravel ★  
CG8C / 267



Ice Grey ▲  
WG1C / 023



Ash Grey ■  
CG 3C / 093



White ■  
000C / 030



Dark Heather ★  
7545C / 108



Heather Dark Grey ★  
CG11C / 334



Charcoal ★  
CG 10C / 042



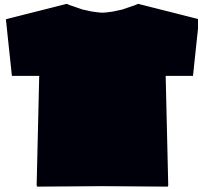
Graphite Heather ▲  
CG 9C / 516



Sport Grey ■  
CG 7C / 095



Black ★  
426C / 036



Pitch Black ★  
B6C / 3G9

## DECORATOR'S TECHNIQUES

HEAT TRANSFER/DTF



EMBROIDERY



DIRECT TO GARMENT



SCREEN PRINT



### LEGEND



Royal ■ Pantone® Color Code  
Color Name → 7686C / 051 Gildan Color Code

#### Discharge Printing Recommendation:

- ★ Ideal
- ▲ Recommended
- Not Recommended

#### Note

The coated Pantone® colour code represents the closest available match for printing reference. Please refer to the actual fabric swatch for true colour matching.

Fiber content may vary by colour, see colour list for more details.



# FRESH RELEASES

## Meet the New Gildan Hammer® Max-Weight Styles.

Designed for those who want their look to make an impact, these max-weight essentials combine durability and edge. Featuring a 241 g/m<sup>2</sup> T-shirt and 360 g/m<sup>2</sup> hoodie and crewneck sweatshirt, each garment offers substance with high-stitch density for a smooth, premium finish—great for those who demand both style and longevity.

Whether worn oversized or customized with your own twist, these pieces bring effortless street style that's built to last. Your customers won't just notice the difference—they'll feel it.

75000



19000



19500



## Softer Than Ever – Same Tees, New Feel.

Our **New Soft Cotton Technology** takes your favourite t-shirts in the Gildan® 2000 and 5000 families to the next level.

Available in heavy and midweight options and a wide range of colours, these are the classic styles you love—only softer than ever.



**GILDAN**<sup>®</sup>  
SOFTSTYLE™

**GILDAN**<sup>®</sup>  
**HAMMER**

**GILDAN**<sup>®</sup>  
*Heavy Cotton*™

**GILDAN**<sup>®</sup>  
*Ultra Cotton*™

**GILDAN**<sup>®</sup>  
*DryBlend*™

**GILDAN**<sup>®</sup>  
*Heavy Blend*™

Discover all our products at  
[gildanbrands.com.au](http://gildanbrands.com.au)



**NEW** Gildan Hammer<sup>®</sup>  
19000 Max-Weight Sweatshirt



# TABLE OF CONTENTS

**03** Brand Story

**04** Gildan® Softstyle™

**06** Gildan Hammer®  
& Gildan® Ultra Cotton™

**07** Gildan® Heavy Cotton™

**08** Gildan® Heavy Cotton™  
& Gildan® DryBlend®

**09** Gildan® Heavy Blend™

**10** Decorator's  
Techniques

**11** Fit Guide

**12** Colour Chart

**14** Fabric Guide

**15** Sizing Chart

## SMART FOR BUSINESS

Running a successful business means always thinking of smart ways to make your customers happy. At Gildan®, we get it, and we're here to help.

We're committed to bringing you high-quality, affordable garments in a range of styles, sizes, colours and fits. So no matter what, you always have the flexibility to find what you need for when you need it. It's why we're always looking for smarter ways to bring you even more value.

This year, in addition to 3 new Gildan Hammer® Max-Weight styles, we're also rolling out our innovative new Soft Cotton technology. This special process makes the fabric softer and more comfortable while still being affordable and durable.

Your business is our business. Which is why we'll never stop finding new ways to help you.

It's not just the right choice, it's the smart choice.

**Gildan® Just Smart**

**65000**  
Midweight Adult T-Shirt



Model is 6'2" - L - Royal

S - 5XL  
21 COLOURS  
MODERN CLASSIC FIT  
100% RING SPUN COTTON  
183 g/m<sup>2</sup>



**65000L**  
Midweight Women's T-Shirt



Model is 5'7" - S - Pitch Black

S - 3XL  
9 COLOURS  
SEMI-FITTED  
100% RING SPUN COTTON  
183 g/m<sup>2</sup>



**65000B**  
Midweight Youth T-Shirt



Model is 4'11" - S - White

YXS - YXL  
10 COLOURS  
MODERN CLASSIC FIT  
100% RING SPUN COTTON  
183 g/m<sup>2</sup>



**SF000**  
Midweight Fleece Adult Crewneck



Model is 6'2" - L - Dark Heather

S - 4XL  
12 COLOURS  
CLASSIC FIT  
80% RING SPUN COTTON,  
20% POLYESTER  
285 g/m<sup>2</sup>



**SF500**  
Midweight Fleece Adult Hoodie



Model is 6'2" - L - Cocoa

S - 5XL  
18 COLOURS  
CLASSIC FIT  
80% RING SPUN COTTON,  
20% POLYESTER  
285 g/m<sup>2</sup>



**SF500B**  
Midweight Fleece Youth Hoodie



Model is 4'9" - M - Navy

YXS - YXL  
6 COLOURS  
CLASSIC FIT  
80% RING SPUN COTTON,  
20% POLYESTER  
285 g/m<sup>2</sup>



Full collection shown at  
gildanbrands.com.au

\* Fiber content varies by colour, see colour list for exceptions on pages 12 - 13. Not all sizes available in all colours. For colour offering, see pages 12 - 13.





ENHANCED  
PRINTABILITY



SMOOTHER  
SURFACE



SOFTNESS

### 64000 Adult T-Shirt



Model is 6'0" - M - Dark Heather

XS - 5XL      24 COLOURS  
MODERN CLASSIC FIT        
100% RING SPUN COTTON      153 g/m<sup>2</sup>

### 64000L Women's T-Shirt



Model is 5'9" - S - Azalea

S - 3 XL      11 COLOURS  
SEMI-FITTED        
100% RING SPUN COTTON      153 g/m<sup>2</sup>

### 64000B Youth T-Shirt



Model is 4'2" - M - RSSport Grey

YXS - YXL      5 COLOURS  
MODERN CLASSIC FIT        
100% RING SPUN COTTON      153 g/m<sup>2</sup>

### 64V00 Adult V-Neck T-Shirt



Model is 6'3" - M - Black

S - 2XL      4 COLOURS  
MODERN CLASSIC FIT        
100% RING SPUN COTTON      153 g/m<sup>2</sup>

### 64V00L Women's V-Neck T-Shirt



Model is 5'9" - S - White

S - 2XL      5 COLOURS  
SEMI-FITTED        
100% RING SPUN COTTON      153 g/m<sup>2</sup>

### 64800 Adult Pique Polo



Model is 6'2" - M - Red

S - 2XL      7 COLOURS  
MODERN CLASSIC FIT        
100% RING SPUN COTTON      177 g/m<sup>2</sup>

### 64800L Women's Pique Polo



Model is 5'9" - S - Navy

S - 2XL      6 COLOURS  
SEMI-FITTED        
100% RING SPUN COTTON      177 g/m<sup>2</sup>



Full collection shown at  
gildanbrands.com.au

\* Fiber content varies by colour, see colour list for excep-  
tions on pages 12 - 13. Not all sizes available in all colours.  
For colour offering, see pages 12 - 13.



This collection levels up your street style whether worn as is or tailored with a twist. The 100% ring spun cotton t-shirt keeps these styles looking fresh with durable, long lasting high stitch density. Now featuring three new 90's inspired looks, the 19500 Sweatshirt, 75000 Tee, and 19000 Crewneck will be sure to make heads turn no matter what fit you pick from Gildan Hammer®.



**75000**  
Maxweight Adult T-Shirt

NEW



Model is 6'2" - L - White

S - 3XL 10 COLOURS  
OVERSIZED 100% RING SPUN COTTON 241 g/m<sup>2</sup>

**19000**  
Maxweight Adult Crewneck  
Sweatshirt

NEW



Model is 6'2" - M - Gravel

S - 4XL 9 COLOURS  
CLASSIC FIT 75% U.S. COTTON, 25% RECYCLED POLYESTER 360 g/m<sup>2</sup>

**19500**  
Maxweight Adult Hooded  
Sweatshirt

NEW



Model is 5'9" - S - Blue Dusk

S - 4XL 9 COLOURS  
CLASSIC FIT 75% U.S. COTTON, 25% RECYCLED POLYESTER 360 g/m<sup>2</sup>



Constructed from 203 g/m<sup>2</sup>, 100% U.S. cotton, these styles are durable, versatile, and now soft thanks to our new Soft Cotton technology.

A wide range of colours makes them the smart choice to stock in every closet. When you're looking for everyday wear that keeps everyone happy, you can be sure our classic fits will have you covered.

**2000**  
Adult T-Shirt



Model is 5'9" - S - Sport Grey

S - 5XL 22 COLOURS  
CLASSIC FIT 100% U.S. COTTON 203 g/m<sup>2</sup>

**2400**  
Adult Long Sleeve T-Shirt



Model is 5'9" - M - Black

S - 5XL 10 COLOURS  
CLASSIC FIT 100% U.S. COTTON 203 g/m<sup>2</sup>



Full collection shown at [gildanbrands.com.au](http://gildanbrands.com.au)

\* Fiber content varies by colour, see colour list for exceptions on pages 12 - 13. Not all sizes available in all colours. For colour offering, see pages 12 - 13.





**5000**  
Adult T-Shirt



Model is 6'2" - M - Navy

S - 5XL 33 COLOURS

---

CLASSIC FIT  

100% U.S. COTTON 180 g/m<sup>2</sup>



**5000L**  
Women's T-Shirt



Model is 5'9" - S - Daisy

S - 2XL 12 COLOURS

---

SEMI-FITTED  

100% U.S. COTTON 180 g/m<sup>2</sup>

**5200**  
Adult Tank



Model is 6'0" - M - White

S - 3XL 6 COLOURS

---

CLASSIC FIT  

100% U.S. COTTON 180 g/m<sup>2</sup>

**5400**  
Adult Long Sleeve T-Shirt



Model is 6'3" - M - Black

S - 2XL 4 COLOURS

---

CLASSIC FIT  

100% U.S. COTTON 180 g/m<sup>2</sup>



Full collection shown at  
gildanbrands.com.au

\* Fiber content varies by colour, see colour list for exceptions on pages 12 - 13. Not all sizes available in all colours. For colour offering, see pages 12 - 13.

**5000B**  
Youth T-Shirt





Model is 4'6" - S - Royal

YXS - YXL 24 COLOURS  
CLASSIC FIT    
100% U.S. COTTON 180 g/m<sup>2</sup>

**5100P**  
Toddler T-Shirt



Model is 3'4" - 5T - Sport Grey

2T - 6T 8 COLOURS  
CLASSIC FIT    
100% U.S. COTTON 180 g/m<sup>2</sup>

**5400B**  
Youth Long Sleeve T-Shirt



Model is 4'9" - S - White

YS - YXL 6 COLOURS  
CLASSIC FIT    
100% U.S. COTTON 180 g/m<sup>2</sup>

**GILDAN**  
DryBlend®



Enjoy unbeatable comfort and coolness with our DryBlend® collection. The addition of MVS technology creates a smoother, more durable fabric that is resistant to pilling and abrasion, providing a superior fit and enhanced print performance.

This innovative moisture-wicking fabric\*, a blend of 50% cotton and 50% polyester, is great for workwear, teamwear, and any activity in between.

**8800B**  
Youth Polo





Model is 4'9" - S - Light Blue

YS-YXL 10 COLOURS  
CLASSIC FIT    
52% RING SPUN COTTON 203 g/m<sup>2</sup>  
48% POLYESTER

**12500**  
Adult Hooded Sweatshirt



Model is 5'10" - M - S - Orange

S - 2XL 2 COLOURS  
CLASSIC FIT    
50% U.S. COTTON 305 g/m<sup>2</sup>  
50% POLYESTER



Full collection shown at  
gildanbrands.com.au

\* Fiber content varies by colour, see colour list for exceptions on pages 12 - 13. Not all sizes available in all colours. For colour offering, see pages 12 - 13.





**18000**  
Adult Crewneck Sweatshirt



S - 5XL 17 COLOURS  
CLASSIC FIT    
50% U.S. COTTON 272 g/m<sup>2</sup>  
50% POLYESTER



**18500**  
Adult Hooded Sweatshirt



S - 5XL 24 COLOURS  
CLASSIC FIT    
50% U.S. COTTON 272 g/m<sup>2</sup>  
50% POLYESTER

**18600**  
Adult Full Zip Hooded Sweatshirt



S - 5XL 6 COLOURS  
CLASSIC FIT    
50% U.S. COTTON 272 g/m<sup>2</sup>  
50% POLYESTER



**18000B**  
Youth Crewneck Sweatshirt



YXS-YXL 4 COLOURS  
CLASSIC FIT    
50% U.S. COTTON 272 g/m<sup>2</sup>  
50% POLYESTER

**18500B**  
Youth Hooded Sweatshirt



YXS-YXL 7 COLOURS  
CLASSIC FIT    
50% U.S. COTTON 272 g/m<sup>2</sup>  
50% POLYESTER

**18900**  
Fleece Stadium Blanket



ONE SIZE 2 COLOURS  
50% U.S. COTTON 272 g/m<sup>2</sup>  
50% POLYESTER



# DECORATOR'S TECHNIQUES

## HEAT TRANSFER/DTF

Heat transfer involves combining heat and pressure to transfer images to garments. This is a great option for detailed prints, customisation, shorter runs and quick turnaround times.



## DIRECT TO GARMENT

Direct to garment printing (DTG) is printing on textiles using inkjet technology which usually utilises specialised water-based inks. DTG is particularly effective for short runs, full colour printing, or for reproducing fine detail.

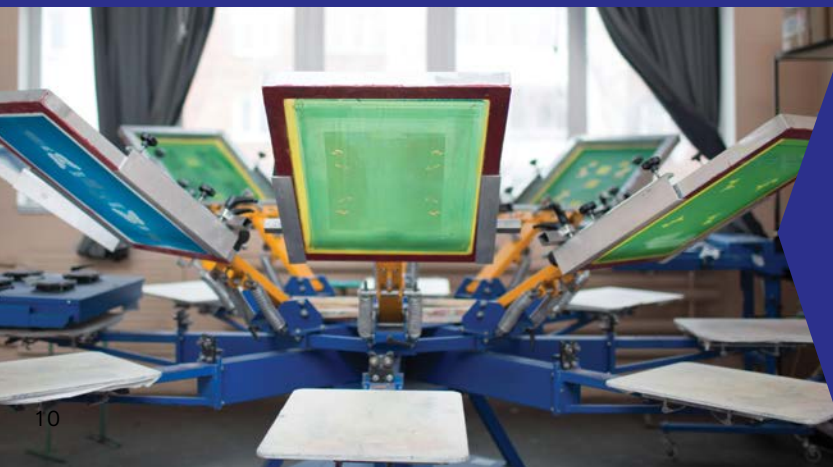


## EMBROIDERY

Embroidery is sewing a design, type or logo onto a garment with special thread. This technique gives garments a higher perceived value and works particularly well on heavier weight garments such as fleece.

## SCREEN PRINT

Screen printing (or silk screening) is a technique that uses stencils and ink to create designs on garments. It is the most economical method for producing large quantities that involve cotton or cotton-blend garments.





# FIT GUIDE

## Adult fit



**MODERN-CLASSIC FIT**



**CLASSIC FIT**



**OVERSIZED FIT**

## Women's fit



**SEMI-FITTED**



**CLASSIC FIT**

## Youth fit



**MODERN-CLASSIC FIT**



**CLASSIC FIT**

\* A-Line - Rounded neckline, tapered short sleeves, relaxed A-Line shape through the body and longer length with wider hems.

# COLOUR CHART

## T-Shirts

				COLOURS OFFERED																																
				Natural	Tan	Mustard	Off White	Sand	Cocoa	Brown Savana	Corn silk	Yellow Haze	Daisy	Gold	S Orange	T. Orange	Orange	Anique Orange	Light Pink	Azalea	Pink Lemonade	Heliconia	Coral Silk	Heather Red	Heather Scarlet Red	Red	Cherry Red	Cardinal Red	Garnet	Heather Dark Maroon	Maroon	Purple	Heather Dark Navy	Violet		
Gildan® Softstyle™	64000	XS - 5XL	24				*																													
	64000L	S - 3XL	11																																	
	64000B	YXS-YXL	5																																	
	64V00	S - 2XL	4																																	
	64V00L	S - 2XL	5																																	
Gildan Hammer®	65000	S - 5XL	21																																	
	65000B	YXS-YXL	10																																	
	65000L	S - 3XL	9																																	
Gildan® Heavy Cotton™	NEW! 75000	S - 3XL	10																																	
	5000	S - 5XL	33																																	
	5000B	YXS - YXL	24																																	
	5000L	S - 2XL	12																																	
	5100P	2T - 6T	8																																	
	5200	S - 3XL	6																																	
	5400	S - 2XL	4																																	
Gildan® Ultra Cotton™	5400B	YS-YXL	6																																	
	2000	S - 5XL	22																																	
	2400	S - 5XL	10																																	

## Fleece

Gildan® Softstyle™	SF000	S - 4XL	12																																	
	SF500	S - 5XL	18																																	
	SF500B	YXS - YXL	6																																	
Gildan® DryBlend®	12500	S - 2XL	2																																	
Gildan® Heavy Blend™	18000	S - 5XL	17																																	
	18000B	YXS - YXL	4																																	
	18500	S - 5XL	24																																	
	18600	S - 5XL	6																																	
Gildan Hammer®	18500B	YXS - YXL	7																																	
	NEW! 19000	S - 4XL	9																																	
	NEW! 19500	S - 4XL	9																																	

## Polos

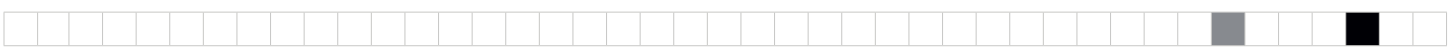
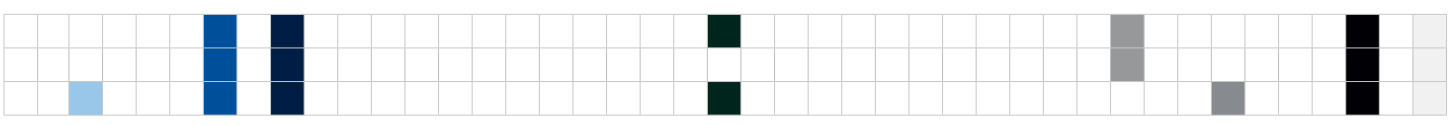
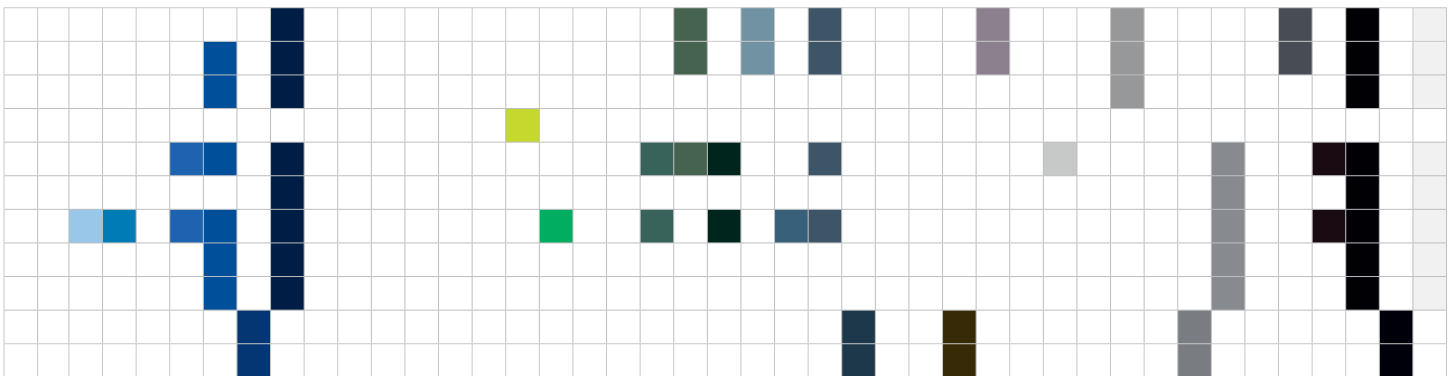
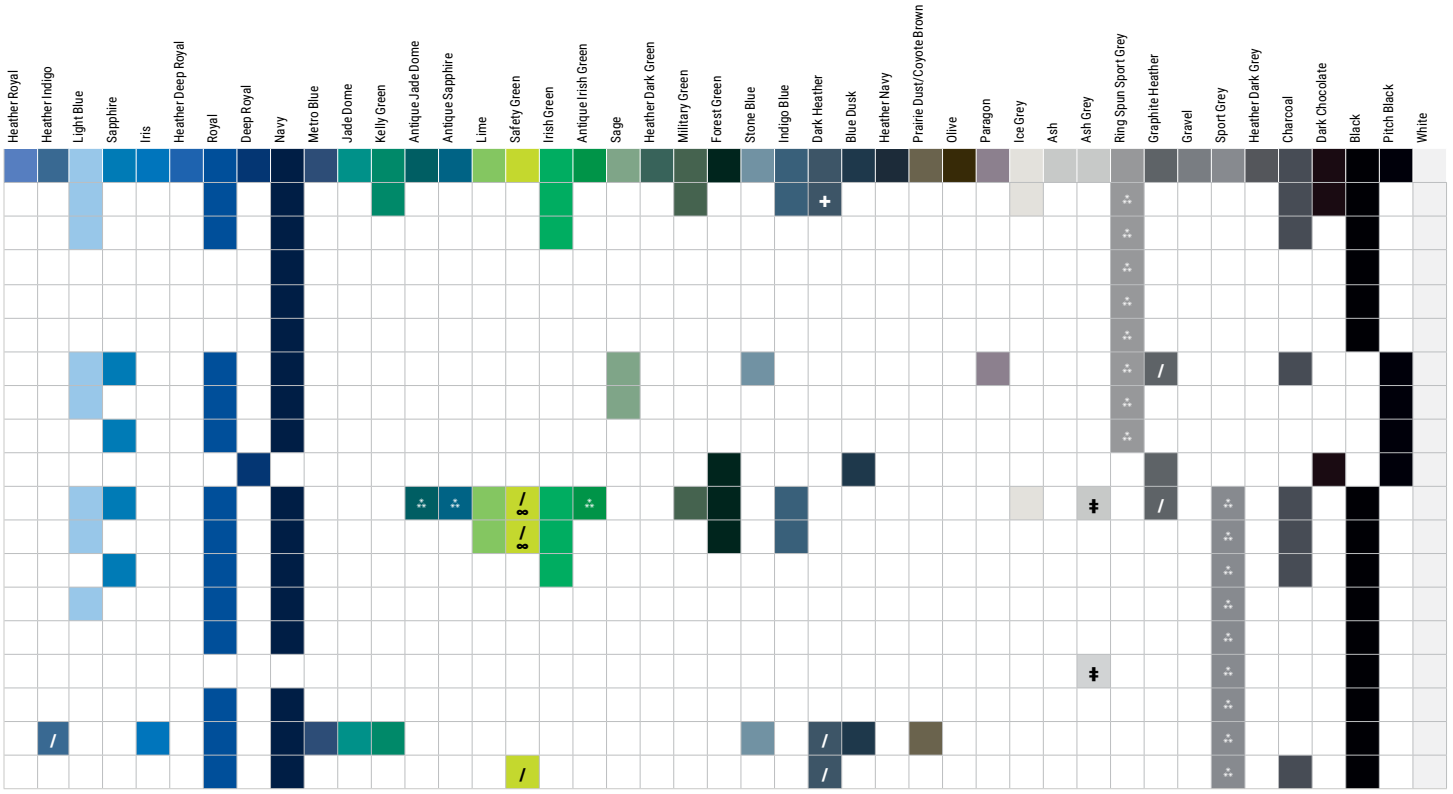
Gildan® Softstyle™	64800	S - 2XL	7																																	
	64800L	S - 2XL	6																																	
Gildan® DryBlend®	NEW! 8800B	YS - YXL	10																																	

## Accessory

Gildan® Heavy Blend™	18900	ONE SIZE	2																																
----------------------	-------	----------	---	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

(\*) New colour for style. Not all sizes available in all colours. Please visit [gildanbrands.com.au](http://gildanbrands.com.au) for exceptions.










Fiber Content Exceptions Key

- ⊕ 99% COTTON 1% POLYESTER
- ⊕ 65% POLYESTER 35% COTTON
- / 50% COTTON 50% POLYESTER
- ⊛ 90% COTTON 10% POLYESTER
- ⊗ 60% POLYESTER 40% COTTON
- ∞ COMPLIANT WITH ANSI/ISEA 107
- ★ 75% COTTON 25% POLYESTER

# FABRIC GUIDE






## GILDAN® SOFTSTYLE™ TRI-BLEND T-SHIRTS

50% POLYESTER/25% COMBED RING  
SPUN COTTON/25% RAYON  
159 g /m<sup>2</sup>

DECORATING TECHNIQUES	
DTG	
EMBROIDERY	
HEAT TRANSFER	
SCREEN PRINT	
SUBLIMATION	






## GILDAN® HEAVY COTTON™

100% COTTON  
180 g /m<sup>2</sup>

DECORATING TECHNIQUES	
DTG	
EMBROIDERY	
HEAT TRANSFER	
SCREEN PRINT	
SUBLIMATION	






## GILDAN® SOFTSTYLE™

100% RING SPUN COTTON  
153 g /m<sup>2</sup>

DECORATING TECHNIQUES	
DTG	
EMBROIDERY	
HEAT TRANSFER	
SCREEN PRINT	
SUBLIMATION	






## GILDAN® ULTRA COTTON™

100% COTTON  
153 g /m<sup>2</sup>

DECORATING TECHNIQUES	
DTG	
EMBROIDERY	
HEAT TRANSFER	
SCREEN PRINT	
SUBLIMATION	






## GILDAN® SOFTSTYLE™ POLOS

100% RING SPUN COTTON  
177 g /m<sup>2</sup>

DECORATING TECHNIQUES	
DTG	
EMBROIDERY	
HEAT TRANSFER	
SCREEN PRINT	
SUBLIMATION	






## GILDAN® DRYBLEND® POLOS

50% COTTON/50% POLYESTER  
203 g /m<sup>2</sup>

DECORATING TECHNIQUES	
DTG	
EMBROIDERY	
HEAT TRANSFER	
SCREEN PRINT	
SUBLIMATION	






## GILDAN® SOFTSTYLE™ FLEECE

80% RING SPUN COTTON/  
20% POLYESTER  
285 g /m<sup>2</sup>

DECORATING TECHNIQUES	
DTG	
EMBROIDERY	
HEAT TRANSFER	
SCREEN PRINT	
SUBLIMATION	






## GILDAN® DRYBLEND® FLEECE

50% COTTON/50% POLYESTER  
305 g /m<sup>2</sup>



DECORATING TECHNIQUES	
DTG	
EMBROIDERY	
HEAT TRANSFER	
SCREEN PRINT	
SUBLIMATION	

## GILDAN HAMMER® MAXWEIGHT SWEATSHIRTS/T-SHIRTS

75% COTTON/25% POLYESTER  
360 g /m<sup>2</sup>






DECORATING TECHNIQUES	
DTG	
EMBROIDERY	
HEAT TRANSFER	
SCREEN PRINT	
SUBLIMATION	

100% RING SPUN COTTON  
241 g /m<sup>2</sup>

DECORATING TECHNIQUES	
HEAT TRANSFER	
SCREEN PRINT	
SUBLIMATION	

## GILDAN® HEAVY BLEND™

50% COTTON/50% POLYESTER  
272 g /m<sup>2</sup>

DECORATING TECHNIQUES	
DTG	
EMBROIDERY	
HEAT TRANSFER	
SCREEN PRINT	
SUBLIMATION	

### Special Tips

**DTG:** The amount of pre-treat used on fabric blends might differ of the amount used on 100% cotton.

**SUBLIMATION:** Best results on 100% polyester, use it preferably on white or light colours. Use 50% polyester blends or higher for vintage and faded prints. Always check temperature settings to avoid melting of polyester.

### Decorating Technique Exceptions Key

 IDEAL     RECOMMENDED     NOT RECOMMENDED



# Sizing Chart

STYLE #	XS/LXS	S/LS	M/LM	L/LL/LT	XL/LXL/XLT	2XL/ L2XL/2XLT	3XL/ L3XL/3XLT	4XL	5XL
<b>T-SHIRTS</b>									
<b>2000</b>		46cmx71cm	51cmx74cm	56cmx76cm	61cmx79cm	66cmx81cm	71cmx84cm	76cmx86cm	81cmx89cm
<b>2400/5000</b>		46cmx71cm	51cmx74cm	56cmx76cm	61cmx79cm	66cmx81cm	71cmx84cm	76cmx86cm	81cmx89cm
<b>5400</b>		46cmx71cm	51cmx74cm	56cmx76cm	61cmx79cm	66cmx81cm			
<b>5000L</b>		43cmx65cm	48cmx66cm	53cmx69cm	58cmx71cm	63cmx72cm			
<b>5200</b>		46cmx71cm	51cmx74cm	56cmx76cm	61cmx79cm	66cmx81cm	71cmx84cm		
<b>64V00</b>		46cmx71cm	51cmx74cm	56cmx76cm	61cmx79cm	66cmx81cm			
<b>64000</b>	41cmx69cm	46cmx71cm	51cmx74cm	56cmx76cm	61cmx79cm	66cmx81cm	71cmx84cm	76cmx86cm	81cmx89cm
<b>64000L</b>		43cmx65cm	48cmx66cm	53cmx69cm	58cmx71cm	63cmx72cm	69cmx74cm		
<b>64V00L</b>		43cmx65cm	48cmx66cm	53cmx69cm	58cmx71cm	63cmx72cm			
<b>65000</b>		46cmx71cm	51cmx74cm	56cmx76cm	61cmx79cm	66cmx81cm	71cmx84cm	76cmx86cm	81cmx89cm
<b>65000L</b>		43cmx65cm	48cmx66cm	53cmx69cm	58cmx71cm	63cmx72cm	69cmx74cm		
<b>75000 NEW!</b>		50cmx71cm	53cmx74cm	58cmx76cm	63cmx79cm	69cmx81cm	74cmx84cm		
<b>POLOS</b>									
<b>64800</b>		51cmx71cm	55cmx75cm	57cmx77cm	60cmx80cm	63cmx83cm			
<b>64800L</b>		42cmx64cm	45cmx67cm	50cmx70cm	54cmx72cm	59cmx75cm			
<b>8800B NEW!</b>		41cmx50cm	43cmx55cm	46cmx60cm	48cmx65cm				
<b>FLEECE</b>									
<b>SF000</b>		51cmx71cm	56cmx74cm	61cmx76cm	66cmx79cm	71cmx81cm	76cmx84cm	81cmx86cm	
<b>SF500</b>		51cmx71cm	56cmx74cm	61cmx76cm	66cmx79cm	71cmx81cm	76cmx84cm	81cmx86cm	86cmx89cm
<b>SF500B</b>	41cmx51cm	43cmx55cm	46cmx59cm	48cmx62cm	51cmx66cm				
<b>12500</b>		51cmx69cm	56cmx71cm	61cmx74cm	66cmx76cm	71cmx79cm			
<b>18600</b>		49cmx69cm	54cmx71cm	59cmx74cm	64cmx76cm	69cmx79cm	74cmx81cm	79cmx84cm	82cmx86cm
<b>18000/18500</b>		51cmx69cm	56cmx71cm	61cmx74cm	66cmx76cm	71cmx79cm	76cmx81cm	81cmx84cm	86cmx86cm
<b>18000B/18500B</b>	41cmx50cm	43cmx54cm	46cmx57cm	48cmx61cm	51cmx65cm				
<b>19000/19500 NEW!</b>		51cmx76cm	56cmx77cm	61cmx79cm	66cmx81cm	71cmx84cm	76cmx86cm	81cmx89cm	

STYLE #	2T	3T	4T	5T	6T	YXS	YS	YM	YL	YXL
<b>YOUTH T-SHIRTS</b>										
<b>64000B</b>						36cmx46cm	41cmx52cm	43cmx56cm	46cmx60cm	48cmx63cm
<b>65000B</b>						36cmx46cm	41cmx52cm	43cmx56cm	46cmx60cm	48cmx63cm
<b>5000B</b>						41cmx52cm	43cmx56cm	46cmx60cm	48cmx63cm	51cmx67cm
<b>5100P</b>	28 cm x 38 cm	30cmx41cm	33cmx43cm	36cmx46cm	38cmx48cm					
<b>5400B</b>							43cmx56cm	46cmx60cm	48cmx63cm	51cmx67cm

STYLE #	SIZE								
<b>ACCESSORY</b>									
<b>18900</b>	127cmx152cm								

+ Measurements are waist by inseam.

Gildan®, Gildan Hammer® and Gildan® DryBlend® are registered trademarks owned by Gildan Activewear SRL. Gildan® Softstyle™, Gildan® Ultra Cotton™ Gildan® Making Apparel Better™ Gildan® Heavy Blend™ and Gildan® Heavy Cotton™ are trademarks owned by Gildan Activewear SRL.

Cotton USA™ is a trademark owned by Cotton Council International.

OEKO-TEX® is a trademark owned by ÖTI - Institut Für Ökologie, Technik und Innovation GmbH.

Sustainable Apparel Coalition® is a trademark owned by Sustainable Apparel Coalition, Inc.

© 2024- 2025 Gildan Activewear SRL | Visit [gildanbrands.com.au](http://gildanbrands.com.au)





[GILDANBRANDS.COM.AU](https://www.gildanbrands.com.au)